## **SI-Bord**

	Name Age (yr)Sex	☐ Ma	ale 🗌	Female	
Date//					
	uch of the following emotions and characteristics match yours, mark $\sqrt{\ }$ in the box on the right.	Not at all	A little	somewhat	To a great extent
1.	When people with ties to me leave me, I can barely live.				
2.	The relationship between me and those I am bound to fluctuate between very good and very bad.				
3.	My feelings suddenly change, such as "I don't know who I am," "I don't know where I am going" or "I feel lonely", "I have no goals".				
4.	I threaten to hurt myself or attempt to hurt myself or have attempted suicide.				
5.	My mood changes suddenly, for example, from normal to irritability, depression, or anxiety.				